

Dear participant, thank you for agreeing to be part of our study. In the following, we will ask you many questions. We will keep your answers strictly confidential. Nobody in your household or anywhere else will know what you replied. We will not keep your name in our dataset, but just identify your survey answers with an id number, so there will not be any way to link you to your answers. Please answer the following questions to the best of your ability:

NB: A household consist of all individuals who stay in the same house and regularly share a meal, income/ expenses.

Part A: About you

1. Date of birth: When were you born?
 1. Day: _____
 2. Month: _____
 3. Year: _____
 4. I prefer not to answer

2. What is your highest level of education?
 1. None
 2. Informal schooling only
 3. Completed Primary School
 4. Some Secondary/High School
 5. Completed Secondary/High School
 6. Post-secondary training other than University
 7. University or more completed
 8. I prefer not to answer

3. Where do you currently live?
 1. District: _____
 2. Village/town _____
 3. Street: _____
 4. I prefer not to answer

4. How many people live in your household?
 1. _____
 2. I prefer not to answer

5. What is your marital status *now*?
 1. Single
 2. Married
 3. Widowed
 4. Divorced
 5. Separated
 6. I prefer not to answer

6. 14. How many people are living with you (circle *all* that applies)?
 1. Spouse/Partner
 2. Own Mother
 3. Mother in law

4. Own Father
5. Father in law
6. Own Siblings
7. Siblings of Spouse/Partner
8. Only Own Children
9. Only Spouse Children
10. Our Joint Children
11. I prefer not to answer

7. Are you living together with a partner, spouse, boyfriend?
 1. Yes, currently living with my husband/wife
 2. Yes, currently living with a man/woman as if married
 3. No, I live with my parents or other family members
 4. No, I live with friends
 5. No, I live alone
 6. Other (Specify): _____
7. How many biological children do you have?
 1. Number _____
 2. I prefer not to answer
8. What is the age of your oldest child? _____
9. What is the gender of your oldest child? _____
10. What is the age of your youngest child? _____
11. What is the gender of your youngest child? _____
12. How many children besides your biological children do you take care of on a regular basis?
 1. Number _____
 2. I prefer not to answer
13. What is your religion?
 1. Muslim
 2. Protestant/Christian
 3. Catholic
 4. Traditional religion
 5. Other (please write in) _____
 6. I prefer not to answer
14. What is your primary occupation? (Circle one)
 1. Unemployed
 2. Employed (Another person pays you)
 3. Business Owner
 4. Self-employed
 5. Agricultural (farm work)

6. Skilled manual (Formal sector)
7. Skilled manual (Informal sector)
8. Unskilled manual
9. Student
10. House wife
11. Other (specify): _____
12. Prefer not to say

PART B: Economic Questions

20. Have you received consistent (every week or month) income over the past year?
1. Yes, I'm paid or I earn money weekly or monthly
 2. No, some weeks/months I earn money, others I don't
 3. I only earned money a few times over the past year
 4. I have not earned any money over the past year
 5. I prefer not to answer
21. How does the money that you independently earn get allocated?
1. I keep it all for my needs (including my children's needs)
 2. I keep most for my needs, some I give to other adult members of household (spouse, mates)
 3. I divide it equally between me and other adults (spouse, mates) in my household
 4. I give most to other adults (spouse, mates) in my household, keep some for me
 5. I give all of it to other adults (spouse, mates) in my household
 6. I do not know
 7. I prefer not to answer
22. Do you receive money from your husband/wife/parents?
1. Yes: I receive some regularly
 2. No
 3. I do not know
 4. I prefer not to answer
23. Do you receive money from any family member(s) living away from home?
1. Yes: I receive this much on an average month _____
 2. No
 3. I do not know
 4. I prefer not to answer
24. How much do you or your spouse give to other people outside of the household each month? (Including children, parents, etc.)
- a. _____
 - b. I prefer not to answer
25. In the past 3 months, how often have you or your immediate family gone without a cash income?
1. Never
 2. Rarely (just a few days over the past month)
 3. Sometimes (a few days per month not counting normal rest days)
 4. Often (a few days for most weeks not counting normal rest days)

5. Very often (a few days almost every week not counting normal rest days)
 6. I prefer not to answer

26. In the past 3 months, how often have you or your family not had food to eat?

- a. Never
 b. Rarely (less than one meal per month, on average)
 c. Sometimes (about one meal per week, on average)
 d. Often (more than one meal per week, on average)
 e. Very often (about or more than one meal per day, on average)
 f. I do not know

27. Do you currently save money?

- a. Yes
 b. No
 c. I prefer not to answer

PART D: Support Network Indexes

28. For each of the following statements, tell me how you feel about the support you have right now. If you do not have the person mentioned in the question in your life currently, please state N/A.

	Always	Most of the time	Some of the time	Rarely	Never
A. I have good friends who support me	5	4	3	2	1
B. My family is always there for me	5	4	3	2	1
C. My spouse/partner helps me a lot	5	4	3	2	1
D. There is conflict with my spouse/partner	5	4	3	2	1
E. I feel controlled by my spouse/partner	5	4	3	2	1
F. I feel loved by my spouse/partner	5	4	3	2	1

29. For each of the following people, please select one box which shows how you feel about the support you have right now.

5=Always 4=Most of the time 3=Some of the time 2=Rarely 1=Never 0=Died -1=Lives too far N/A=I never had one

	Do you feel supported and loved by NAME?	How often do you talk to NAME?	Does NAME watch/ed children for you?	Does NAME takes care of you and/or your children if you or they are sick?	Would NAME give/gave you money for you (or your children) in case of need?
A. Spouse/Partner					
B. Own Mother					
C. Own Father					
D. Mother in Law					
E. Father in Law					
F. Own Siblings					
G. Siblings In Law					
H. Cousins					
I. Neighbors					
L. Friends					

30. Do you participate in or are you a member of Men/Women's self-help group?

1. Yes
2. No
3. I prefer not to answer

31. Do you participate in or are you a member of any social, political, or religious organizations?

1. Yes
2. No
3. I prefer not to answer

32. Which organizations do you belong to/participate in?

1. NGO
2. Religious group
3. Political party
4. Village/community committee (education, sanitation, etc.)
5. Cooperative
6. Business or farmer association
7. Other (specify): _____

PART E: EXPERIENCE WITH ABDUCTION, TRAUMA AND REINTEGRATION

33. "Exposure index". Please check *all* that applied to your experience.
- a. Someone shot bullets at you or your home
 - b. You received a severe beating or were attacked by someone
 - c. You were tied up or locked up as a prisoner
 - d. You received a serious physical injury in a battle or rebel attack
 - e. You were forced to carry heavy loads or do other forced labor
 - f. You witnessed an attack by the LRA or battle with UPDF
 - g. You witnessed beatings or torture of other people
 - h. You witnessed a killing
 - i. You witnessed the rape or sexual abuse of a woman
 - j. Another family member or friend was murdered or died violently
 - k. Another family member or friend disappeared or was abducted
 - l. Someone took or destroyed your personal property
 - m. I prefer not to answer

PART F: STRESS RESPONSE

On a scale from 1 (NEVER) to 5 (ALWAYS) how much do you agree or disagree with the following statements:

- 34. When I'm stressed, I talk to friends to let off steam.
- 35. My family is the most important thing to me in times of stress.
- 36. Stressful situations make me cry.
- 37. When I'm stressed, I get moody and grumpy.
- 38. When I'm stressed, I shout or raise my voice.
- 39. If someone causes me stress, I attempt to enlist the cooperation of others to help me against them.
- 40. When under stress, I tend to seek female company and hugs from girlfriends helps to reduce my stress.
- 41. I tackle stressful situations head on to get them out of the way.
- 42. Stressful situations make me feel like giving up.
- 43. In times of stress, I bottle things up and hold them inside and try to deal with them on my own.
- 44. My religion helps me deal with my stress.
- 45. When I'm stressed, I'm more likely to fight with others.
- 46. Tending to others helps reduce my stress.
- 47. I feel that I want to run away from stressful situations.

48. I join social groups to reduce my vulnerability to stressful situations.

49. I feel that it is important to protect children from stressful situations.

PART G: SATISFACTION AND PSYCHOLOGICAL WELLBEING

PERCEIVED STRESS SCALE (COHEN)

In the following questions I will ask to indicate **how often you felt or thought a certain way in the last month.**

	0=never	1= Almost never	2=sometime s	3= fairly often	4=very often
83. In the last month, how often have you been upset because of something that happened unexpectedly?	0	1	2	3	4
84. In the last month, how often have you felt that you were unable to control the important things in your life?	0	1	2	3	4
85. In the last month, how often have you felt nervous and "stressed"?	0	1	2	3	4
86. In the last month, how often have you felt confident about your ability to handle your personal problems?	0	1	2	3	4
87. In the last month, how often have you felt that things were going your way?	0	1	2	3	4
88. In the last month, how often have you found that you could not cope with all the things that you had to do?	0	1	2	3	4
89. In the last month, how often have you been able to control irritations in your life?	0	1	2	3	4
90. In the last month, how often have you felt that you were on top of things?	0	1	2	3	4
91. In the last month, how often have you been angered because of things that were outside of your control?	0	1	2	3	4
92. In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?	0	1	2	3	4

93. Overall, how satisfied you are with your family situation? On a scale from 1 being the least satisfied to 5 being the most satisfied

1. Very unsatisfied
2. Unsatisfied
3. Somewhat satisfied

4. Satisfied
5. Very satisfied

94. Overall, how satisfied you are with your current employment situation? On a scale from 1 being the least satisfied to 5 being the most satisfied:

1. Very unsatisfied
2. Unsatisfied
3. Somewhat satisfied
4. Satisfied
5. Very satisfied

95. Overall, how satisfied you are with your life? On a scale from 1 being the least satisfied to 5 being the most satisfied:

1. Very unsatisfied
2. Unsatisfied
3. Somewhat satisfied
4. Satisfied
5. Very satisfied

Edinburgh Scale for Depression

Please indicate the answer that comes closest to how you have felt **IN THE PAST 7 DAYS**, not just how you feel today.

99. Have you been able to laugh and see the funny side of things

- a. As much as you always could
- b. Not quite so much now
- c. Definitely not so much now
- d. Not at all.

100. Have you looked forward to the enjoyment of things

- a. As much as you ever did
- b. Rather less than you used to
- c. Definitely less than you used to
- d. Hardly at all

101. Have you blamed yourself unnecessarily when things went wrong

- a. Yes, most of the time
- b. Yes, some of the time
- c. Not very often
- d. No, never

102. Have you been anxious or worried for no good reason

- a. No, not at all
- b. Hardly ever
- c. Yes, sometimes
- d. Yes, very often

103. Have you felt scared or panicky for no very good reason

- a. Yes, quite a lot
- b. Yes, sometimes
- c. No, not much
- d. No, not at all

104. Things have been getting on top of you

- m. Yes, most of the time you haven't been able to cope at all
- n. Yes, sometimes you haven't been coping as well as usual
- o. No, most of the time you have coped quite well
- p. No, have been coping as well as ever

105. Have you been so unhappy that you have had difficulty sleeping

- a. Yes, most of the time
- b. Yes, sometimes
- c. Not very often
- d. No, not all

106. Have you felt sad or miserable

- a. Yes, most of the time
- b. Yes, quite often
- c. Not very often
- d. No, not at all

107. Have you been so unhappy that you have been crying

- a. Yes, most of the time
- b. Yes, quite often
- c. Only occasionally

d. No, never

108. The thought of harming yourself has occurred to you

- a. Yes, quite often
- b. Sometimes
- c. Hardly ever
- d. Never

PART H: TRUST

109. When you go to the market, how important is it to buy from a seller that you know personally?

- a. Not important at all
- b. Not very important
- c. Quite important
- d. Very important/Essential
- e. I do not know

110. Generally speaking, would you say that most people can be trusted, or that you can't be too careful in dealing with people? Please answer on a scale of 1 to 5, where 1 means that you need to be extremely careful in dealing with people and 5 means that you have complete trust in people.

1	2	3	4	5
extremely careful				complete trust in people

111. I would like to ask you how much you trust people from various groups. For each question you can answer, 1= completely, 2=somewhat, 3=not very much, 4= not at all, 99=don't know, 77=I prefer not to answer

- a. How much do you trust your family?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer
- b. How much do you trust people in your neighborhood?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer
- c. How much do you trust people in your village?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer
- d. How much do you trust people of another religion?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer
- e. How much do you trust people of another ethnic group?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer
- f. How much do you trust people of another nationality?
1. Completely 2. Somewhat 3. not very much 4. not at all 5. I prefer not to answer

On a scale from 1 to 5 (1= Strongly disagree; 2. Disagree; 3. Somewhat disagree; 4. Agree; 5. Strongly agree; N/A= I prefer not to answer) how much do you agree or disagree with the following statements:

113. "Having good luck is more important than hard work for prospering in business." _____
114. "I like to make spontaneous decisions, without much planning ahead." _____
115. "My future is shaped mainly by my own actions rather by than the actions of others." _____
116. "My friend and family consider me a very reliable person." _____
117. "I often have difficulty leading and influencing my friends and neighbors." _____
118. "Girls should be more concerned with becoming good wives and mothers than desiring a professional or business career." _____
119. "Women like me can help bring about positive change in our community." _____
120. "Girls as well as boys must be prepared to economically support themselves as adults" _____
121. It is more important for boys than girls to do well in school. _____
122. A woman should be able to choose her own friends, even if her husband disapproves _____
123. When jobs are scarce, men should have more right to a job than women. _____
124. If a woman earns more money than her husband, it's almost certain to cause problems. _____
125. A man has good reason to hit his wife if she disobeys. _____
126. A woman should tolerate physical violence within the household in order to keep her family together.

127. Overall, how patient would you describe yourself as? Please tick a box on the scale, where the value 1 means: 'very patient' and the value 5 means: 'very impatient'.
- a. very patient
 - b. patient
 - c. neither patient or impatient
 - d. impatient
 - e. very impatient

128. Imagine you have won a sum of money. How would you like to be paid?

- a. 200,000 Shilling now
- b. 250,000 Shilling in 6 months
- c. Doesn't matter

129. How much additional money is worth waiting 6 months for instead of taking 200,000 shilling now?

130. How do you see yourself: are you generally a person who is fully prepared to take risks or do you try to avoid taking risks?

- a. not at all willing to take risks
- b. rarely willing to take risks
- c. sometime willing to take risks
- d. often willing to take risks
- e. very willing to take risks

PART L: Pre-existing inter-personal relationships within the group

131. Think of the people who are in this room.

- a. How many people do you already know? Number: _____
- b. How many people are a relative or a close friend of yours? Number: _____
- c. How many people are your neighbors or just acquaintance?

Thank you very much for taking the time to complete the survey.